

## **Ottawa Mountain Bike Association Winter 2016 Newsletter**

The Fatbiking/Snowbiking season is well underway! Come check out one of the events this winter:

- Demo Day in Gatineau Park
- Gatineau Loppet Fatbike Race
- Wednesday Group Rides

### **Demo Day at P1 Asticou Parking Lot in Gatineau Park**

When: Sunday February 21st

Time: 10 am - 3 pm

Where: P1 Gatineau Park (241 Cité-des-Jeunes Boulevard, Gatineau, Quebec)

Various Ottawa and Gatineau shops will have Fatbikes for you to try on the Pilot Project Trails. The confirmed participating shops are Bushtukah, Expeditions Wakefield, Rebec and Kroes, Tall Tree Cycles and Velozophie. A demo loop on trails 67 and 66 will be marked. Every participant will be required to have a season snowshoe (or ski pass) or can purchase a snowshoe day pass (\$7) at the event.

<https://www.facebook.com/events/1036043969794134/>

### **Gatineau Loppet Fatbike Race (Fat Gat)**

The Gatineau Loppet is the Biggest International Cross-Country Ski Event in Canada and they have partnered with OMBA to create the first Fatbike race in Gatineau Park!

Date: Saturday February 27th

Time: To be confirmed

Distances: 5 km or 10 km (approximately)

Come out and support this event or help spread the word! More participants in this event will help OMBA demonstrate that Fatbiking should be a permanent winter activity in Gatineau Park.

Register here: <http://www.gatineauloppet.com/february-27th-classic-style/fat-bike/?lang=en>

### **Wednesday Night Fatbike Group Rides**

Come out every Wednesday at 7 pm for a no-drop group ride (weather permitting). The location alternates between South March Highlands and Gatineau Park. For more details check out the details on the forum.

<http://ottawamba.org/forums/showthread.php?9012-Tall-Tree-Cycles-Wednesday-Night-Fat-Bike-Ride>

### **Warm Weather Trail Etiquette**

With the unusually warm winter we are having, it is really important to remember the following recommendations for Snowbiking:

- Required outdoor temperature: 0 °C or less
- Required depth of snow cover: 5 cm (2 inches) or more
- Recommended tire pressure: 10 PSI or less

Get off the trails:

- o If your tracks are deeper than 2.5 cm (1 inch);

- o If you have trouble steering in a straight line;
- o If you have to walk your bike up small, easy hills.

### **Spring Demo Day**

Our annual spring Demo Day is tentatively set for Saturday May 14th at SMH. More details to come closer to the day! It is always a great opportunity to try out a variety of bikes from the local bike shops.

### **Provide Feedback about the Gatineau Park Pilot Project Trails**

OMBA continues to advocate on behalf of our members to make the Pilot Project trails a permanent winter activity in Gatineau Park and also to expand the Snowbike access to other areas of the Park.

If you have enjoyed the Pilot Project trails this winter, let the NCC know: [info@ncc-ccn.ca](mailto:info@ncc-ccn.ca)

### **New F.A.Q. Page on our Website**

The most common question recently: Where can I rent a Fatbike?

Check the link for more details: <http://ottawamba.org/cms/f-a-q/>

The OMBA Team

Trails to ride: Our mission, your passion.

[ottawamba.org](http://ottawamba.org)